## BASICS INSIGHTS

## THE BASICS

are five fun, simple, and powerful ways that every family can give every child a great start in life











# TIPS to HELP PREPARE YOUR CHILD for SCHOOL and LIFE

RECEIVE FREE TWICE WEEKLY TEXT MESSAGES RIGHT TO YOUR PHONE!

Science-based facts and suggested activities to boost your child's brain development and learning.

### FOR CHILDREN AGES 0-3

## To sign up, visit:

https://partners.mybliss.ai/basics-insights/SBGR2513

By providing your cell phone number you agree to enroll in the program and receive Basics Insights text messages from (423) 228-2999. While there is no cost for enrolling, standard data and messaging rates may apply. You can cancel at any time by texting STOP to (423) 228-2999. For help, email us at info@thebasics.org.



797-979

FACT: Your baby is experimenting with making sounds and learning that they get your attention. By responding, you encourage them to keep practicing! You are building their language and communication skills.

TRY THIS: When your baby makes a sound, show excitement in your face and voice. Let them finish so they know you are listening. Then respond with real words. See how long you can keep the "conversation" going back and forth by responding to their sounds and expressions.

Scan me!



RVABasics.org
Facebook: RVA Basics

