

50 Ways to Play in the Rain!

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February 26, 2015

It's so much fun to play in the rain.

It's wonderful!

I love how only a quick downpour transforms the nature around our house. It sometimes feels like we live in the middle of a rainforest with all those vibrant greens popping off the foliage.

Many of us stay indoors when it's raining, but as you'll see, there are plenty of activities to do out in the rain. Here are 50 to try!

Of course if there high winds or electric storms, best to stay indoors and watch the amazing force of nature through a glass window.

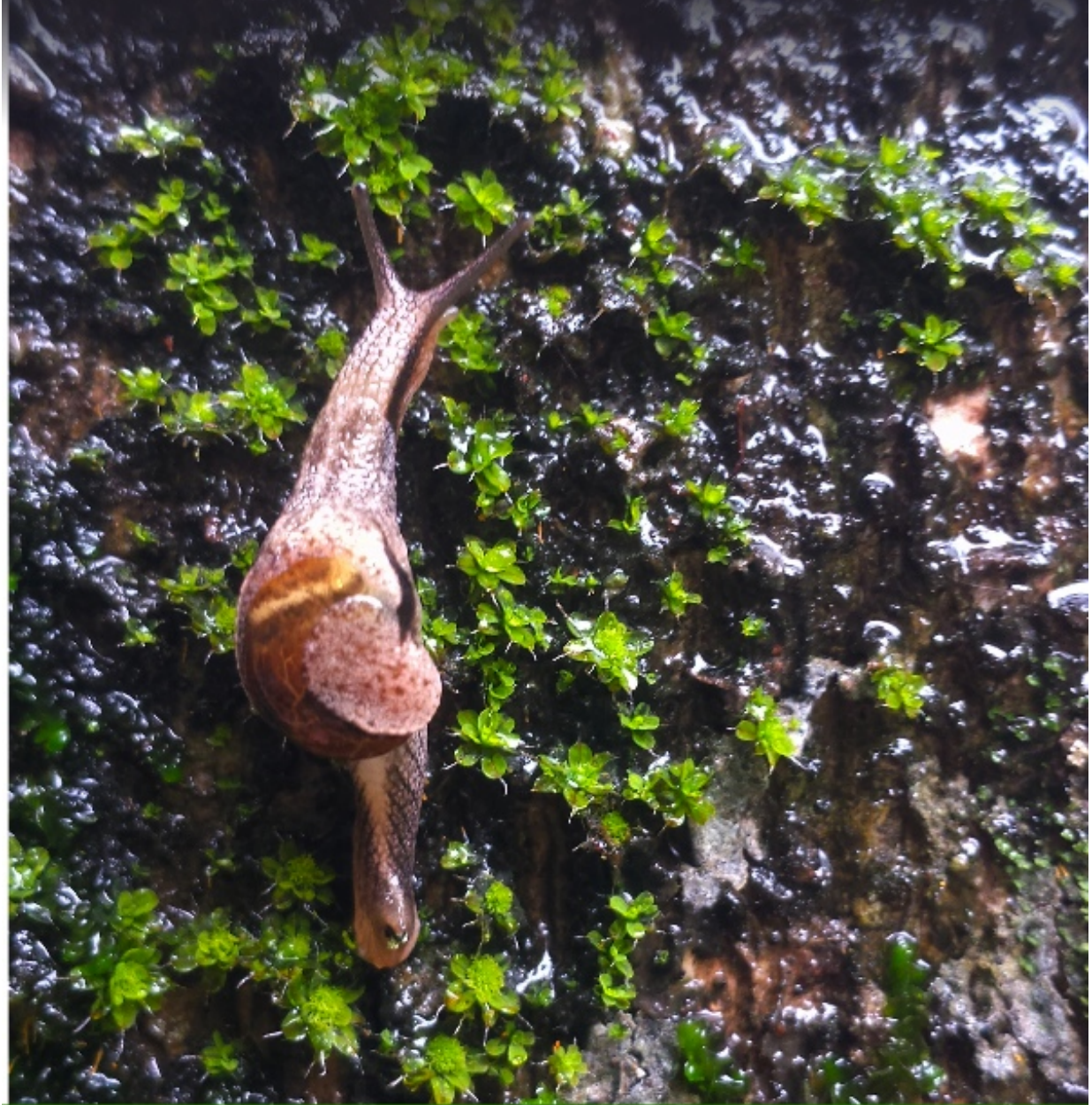


Wonderful ways to play in the rain:

1. **Play out in the rain.** Fully clothed or in your swimmers, either way it's going to be so much fun.
2. **Make mud angels.** Yep, I said it. Get really, really dirty and make mud angels in the sopping, wet dirt.
3. **Make a mud tidal pool.** Find a puddle and with your hand or sticks, make it into a tidal pool. Then, float leaves in it and watch them get moved by the current you created.
4. **Search for soggy animals.** Look for animals that love the rain like frogs, ducks

and snails.

4. Search for *soggy animals* in the rain



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5. **Make a mud pie or stew.** If you have plenty of mud around, mud pies are a must in the rain!
6. **Raindrop races.** Place a start and finishing line on the inside of the window with whiteboard markers. Go outside and race raindrops. On your mark, get set... Go!
7. **Make a dam.** Find a small body of running water around your house and see if you can hold it back by making a small dam.
8. **Search for rainbows.** The best time to search for rainbow is just after it rains. Can't find any? Make your own!
9. **Act like animals.** Pretend to be an animal that loves the rain. Frogs, ducks and snails come to mind but I'm sure you can think of more!
10. **Fill containers.** Place many different sized containers out in the rain and let your child estimate which one will fill first!



11. **Sing in the rain.** Songs with a rain theme are perfect for singing in the rain. Try *Rain, Rain Go Away*, *I Can Sing a Rainbow* or *I'm Singing in the Rain*!
12. **Slip and slide.** Get a tarp out and off you go. Slide from side to side. Don't forget to add mud and grass too!

13. **Jump, stomp and sit in muddy puddles.** What child wouldn't like to do this?
14. **Take your bath toys outside.** Play with bath toys out in the rain and in the mud puddles. Who says they're just for playing in the bath?!
15. **Look at a flowing creek.** Go for a walk down to a swollen creek. It's really interesting to look at when you've seen it at its usual size.
16. **Make boats.** Make nature boats and then float them in a creek or gutter.
17. **Play games.** Play games like relay races, stuck in the mud and red rover.
18. **Ingredients in bowls.** Take some bowls filled with different ingredients like flour, sugar, oats and salt out into the rain and see what happens to the material when they get droplets of water on them.

19. **Go for a wet walk in the bush.** The bush changes when it rains, the greens are more vibrant and everything looks so much prettier.



20. **Do some wet chalk drawing.** It's a different experience to draw with chalk on a wet surface. The colours are more vibrant and the chalk is easier to draw with too!
21. **Bring out a waterproof camera.** Imagine the beautiful images you would get in the wet! Cameras are just another way to help a child connect with the world around them.

22. **Paint with mud.** Collect some different shades of dirt or mud around your home and then paint with them.
23. **Rain dance.** Pump out some nice tunes through a window and do a rain dance.
24. **Jump over puddles.** Rather than jumping in puddles, try to jump over them this time.
25. **Let the rain paint for you.** Place a water colouring book page outside and let the rain paint it for you.



26. **Write with rocks.** Test some rocks to see if the rain helps them to become a tool you can use to write or draw pictures with. Try using a rock to draw on a larger rock or boulder.
27. **Homemade rain gauge.** This is an excellent [rain gauge to make yourself!](#)
28. **Take your shoes and boots off.** Squish those feet into the mud.

29. **Twirl with umbrellas.** Twirling with an umbrella is invigorating!



- 30. **Make coloured paints from nature.** Collect some nature, like leaves or flowers, and squish it with rocks in a container. Add a little bit of rain and the use it to paint sidewalks.
- 31. **Watch the clouds.** This will be a lot different from watching the white fluffy clouds that make shapes. Talk about why they look darker and more dense.
- 32. **Play with sand.** If you keep sand around your place, like a sand pit or in a nature craft play space, bring some sand outside in the rain and play with it on the pavement.
- 33. **Roll down wet hills.** Rolling down dry grassy hills is fun, can you imagine rolling down a wet grassy hill?!
- 34. **Let water fall on your tongue.** Taste the water that's come from the sky. This is usually something we naturally do when we're out in the rain anyway.
- 35. **Set up an outdoor water play space.** I'd set up one just like these water walls.

36. **Tree shower.** Crowd around under a tree that holds lots of leaves. Pull the tree, and wait for it... a tree shower!



37. **Blow bubbles into the rain.** You could have bubble competition. Which bubbles lasts the longest before it pops. This is best done on days when it's just spitting with rain.
38. **Toss rocks into puddles.** See how big your splashes get by starting to throw small objects in the puddle and then larger objects in the puddle.
39. **Go to the beach and draw in the wet sand.** Drawing in the wet sand is glorious! The rain makes the whole beach your canvas.
40. **Go for a swim.** If it's not a cold day but it's raining, go for a swim. Sometimes you can be surprised at how warm the water is.

41. **Make music.** Take some pots and pans outside and let the rain make some music. This activity's best when the rain is really heavy or where big droplets are falling onto the pans.



42. **Get arty in the rain.** Get your paints and some recycled cardboard and paint in the rain.
43. **Water small world play.** Take your toys and action figures outside in the rain and create a small world around puddles and wet foliage.
44. **Have a rain shower.** Take some soap out in the rain with you and lather up!
45. **Plant some seeds in the garden.** The perfect time to plant seeds is when it's raining. Best of all, you don't need to water them because the rain has done it for you!
46. **Find other ways over that puddle.** Find some large bricks or rocks and see if you can make stepping stones or a bridge over a big puddle.

- 47. **Have a water fight.** Rain will be falling on your head and you'll have to watch out for rain coming at you sideways too. How much fun will it be to have a water fight in the rain!
- 48. **Become a mud monster.** Cover yourself with mud, leaves and grass and become a mud monster. When you're finished, all you have to do is hose yourself off.
- 49. **Search for Mushrooms.** If it's been raining for a couple of days, chances are that mushrooms will be popping up outside. Go and search for them and see how many species you can find!



50. **Save some worms.** If you see worms in puddles of water, lift them out and put them on dry land. Cover them with a leaf so that the birds don't get them!
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If you love this post you might love to see all the wonderful ways you can use leaves in arts and crafts

I hope I've made you excited for the next time it rains. Why stay in? You have so many fun ways to play in the rain! ~Penny

Meet Penny



Penny Whitehouse is a mother of three, with tertiary qualifications in wildlife biology and early years education and 12 years' experience as an environmental education officer, she is a perfect storm of the passion, knowledge and skills required to get younger generations connecting with the natural world.

Nature Play Pack
