



STORY TIME

WHAT'S IN THE GARDEN?

STORY TIME DESCRIPTION

Do you know where your food comes from? Is it Kroger, Publix, or Wegmans? They are grocery stores where people buy food. Your food comes from a farm or a garden. *What's in the Garden?* by Marianne Berkes shares a variety of rhyming riddles about healthy, tasty, fruits and vegetables and how they grow. Also, included are kid-friendly recipes on each page. Let's grow it, cook it, and eat it!

CHILDREN'S FICTION AND NONFICTION BOOKS ABOUT GROWING FOOD AND GARDENING

- *Our School Garden* by Rick Swan
- *Planting the Wild Garden* by Kathryn O. Galbraith
- *Water, Weed, and Wait* by Edith Hope Fine & Angela Demos Haplin
- *In the Garden with Dr. Carver* by Susan Grigsby
- *Bring me Some Apple and I'll Make You a Pie* by Robbin Gourley
- *The Curious Garden* by Peter Brown
- *The Runaway Garden* by Jeffery L. Schatzer
- *The Tale of Peter Rabbit* by Beatrix Potter
- *Carrot Seed* by Ruth Krauss
- *The Little Gardener* by Jan Gerardi
- *Lola Plants a Garden* by Anna McQuinn
- *In My Garden* by Tim McCanna
- *How Groundhog's Garden Grew* by Lynne Cherry
- *Inch by Inch: A Garden Song* by David Mallet
- *Lily's Garden* by Deborah Kogan Ray
- *Mrs. Spitzer's Garden* by Edith Pattou
- *Oliver's Vegetables* by Vivian French
- *Plantzilla* by Jerdine Nolen
- *Pumpkins* by Mary Lyn Ray
- *Scarlet Beane* by Karen Wallace
- *Sunflower House* by Eve Bunting
- *Tops and Bottoms* by Janet Stevens
- *Two Old Potatoes and Me* by John Coy
- *Weslandia* by Paul Fleischman

**LEWIS
GINTER**
BOTANICAL
GARDEN

1800 Lakeside Avenue
Richmond, VA 23228
804.262.9887
lewisginter.org

- *The Vegetable We Eat* by Gail Gibbons
- *From the Garden: A Counting Book About Growing Food* by Michael Dahl
- *Plant the Tiny Seed* by Christie Matheson
- *Grow Happy* by John Lasser
- *If You Plant a Seed* by Kadir Nelson
- *Zinnia's Flower Garden* by Monica Wellington
- *What's in My Garden?* By Cheryl Christian
- *Whose Garden is it?* by Mary Ann Hoberman
- *Rah Rah Radishes* by April Pulley Sayre
- *Planting A Rainbow* by Lois Ehlert
- *Growing Vegetable Soup* by Lois Ehlert
- *Soup Day* by Melissa Iwai
- *The Ugly Vegetables* by Grace Lin
- *How Did That Get in My Lunchbox?* Chris Butterworth
- *Plant a Little Seed* by Bonnie Christensen
- *Up We Graow! A Year in the Life of a Small Local Farm* by Deborah Hodge
- *We Are What We Eat!* by Sally Smallwood
- *We Are the Gardner's* by Joanna Gaines
- *Yummy! Good Food Makes Me Strong* by Shelly Rotner
- *From the Garden* by Michael Dahl
- *Garden of Happiness* by Erika Tamar
- *Pick, Pull, Snap* by Lola Schaefer
- *Plants Feed Me* Lizzy Rockwell
- *Compost! Growing Gardems From Your Garbage* by Linda Glaser
- *Compost Stew: An A to Z Recipe for the Earth* by Mary Mckenna Siddals
- *What's Sprouting in My Trash? A Book About Composting* by Esther Porter
- *Up, Down, and Around* by Katherine Ayers
- *In My Garden* by National Geographic Kids
- *Surprising Beans* by Molly Blaisdell
- *Grow It Cook It* by DK Publishing
- *Let's Get Gardening* by DK Publishing
- *Gardening with Emma: Grow and Have Fun: A Kid-to-Kid Guide* by Emma Biggs
- *Ready, Set, Grow!: A Kid's Guide to Gardening* by Rebecca Spohn
- *Grow: A Family Guide to Growing Fruits and Vegetables* by Ben Raskin

OTHER USEFUL RESOURCES

Agriculture in the Classroom

www.agintheclass.org/va/

Virginia AITC is a statewide educational program providing resources, training and support to schools, educators and volunteers so that they can meaningfully connect children to agriculture. We do this through AITC-designed lessons and resources, educator training workshops, newsletters, school grants, teacher awards, and volunteer projects and initiatives such as Agriculture Literacy Week. Recognizing that instructional time is highly valuable, the lessons are designed to support core subjects and uphold the Virginia Standards of Learning (SOL).

Kids Gardening: Helping Young Minds Grow

www.kidsgardening.org

Kids Gardening supports the growing community of parents, educators, and gardeners as they think creatively about ideas to get kids gardening and ways to stay connected to nature. Whether you're a newbie, experienced grower, or somewhere in between, you will find links to kid's garden activities, garden-based educational resources, gardening advice, and other helpful tips to inspire you to just keep growing.

Back Pocket Learning

www.backpocketlearning.org

BackPocketLearning.org is curated and maintained by Life Lab. For over 40 years Life Lab has cultivated children's love of learning, healthy food, and nature through garden-based education.

YouTube

"Dirt Made My Lunch" by the Banana Slug String Band

"Roots, Stems, Leaves" by the Banana Slug String Band

"Parts of a Plant" (song for kids about flower/stem/leaves/roots)
by Harry Kindergarten Music

Plant Virginia Natives

www.plantvirginiannatives.org **Download the guide**

Native Plants for Virginia's Capital Region is a FREE guide published by the **Plant RVA Natives Campaign**. This guide showcases the attractive variety of plants native to the Virginia Capital Region, which includes Henrico, Hanover, City of Richmond, Chesterfield, Charles City, New Kent, Powhatan, Goochland, Cumberland, and Amelia.

RELATED LEWIS GINTER BOTANICAL GARDEN BLOGS

Tips for Starting Your Own Garden

<https://www.lewisginter.org/tips-for-starting-your-vegetable-garden/>

Best Plants for Kids

<https://www.lewisginter.org/plants-for-kids/>

Starting Seeds: Use What You Have

<https://www.lewisginter.org/starting-seeds/>

EXPLORATION – GARDENING WITH YOUNG CHILDREN

Growing your own fruits and vegetables is fun and easy. Imagine growing, harvesting and eating the food you grow. Gardening with young children is a useful tool that provides a hands-on experience and full sensory engagement. Growing plants indoors and outdoors is possible with ideas such as:

- Windowsill gardening
- Re-Growing plants using kitchen scraps
- Starting seeds in upcycled planters/recycled materials
- Grow herbs in water all year long
- Plant a pizza or a salsa garden
- Create your own compost

THING TO DO AT HOME TO REINFORCE A POSITIVE CONNECTION BETWEEN CHILDREN AND NATURE THROUGH GARDENING

- Plant a garden of fruits and vegetables (start small and plant what you love and like)
- Eat what you grow
- Look and dig for worms
- Allow children to explore soil and compost
- Compost your fruit and vegetable scraps
- Provide real gardening tools for children
- Provide non-fiction books and concrete materials about gardening
- Utilize resources from this post

