

STORY TIME RESOURCES

PLANTS FEED ME

STORY TIME DESCRIPTION

Did you know that we eat different plants and plant parts? We'll discover and explore them all in our story today [Plants Feed Me](#) by Lizzy Rockwell. This book is about learning and naming the different plant parts we eat. Such as, the seeds, roots, stems, leaves, flowers and fruits. Let's get ready to sink our teeth into the plants that feed the world-flowers, fruits, seeds and all!

HANDS-ON ACTIVITIES

- **Create a Root-View Cup:** [Life Lab](#) explains how to do this activity that will allow you to watch roots grow underground.
- **Explore Plant Parts:** [Botany on Your Plate: Investigating Plants We Eat](#), by Katherine J. Barrett, demonstrates ways to explore plant parts.
- **Save Your Seeds:** [Kids Gardening](#) suggests ways to reuse your seeds.

WATCH A VIDEO

- [Dirt Made My Lunch](#) by the Banana Slug String Band
- [Roots, Stems, Leaves](#) by the Banana Slug String Band
- [Parts of a Plant](#) (song for kids about flower/stem/leaves/roots by Harry Kindergarten Music)

RELATED CHILDREN'S BOOKS

- [What's in the Garden](#) by Marianne Berkes
- [Plant a Little Seed](#) by Bonnie Christensen
- [From Seed to Plant](#) by Gail Gibbons
- [The Fruits We Eat](#) by Gail Gibbons
- [The Vegetables We Eat](#) by Gail Gibbons
- [Tops and Bottoms](#) by Janet Stevens
- [Plant the Tiny Seed](#) Christie Matheson
- [Grow It Cook It](#) by DK Publishing
- [Let's Get Gardening](#) by DK Publishing
- [Gardening with Emma: Grow and Have Fun: A Kid-to-Kid Guide](#) by Emma Biggs
- [Lola Plants a Garden](#) by Anna McQuinn
- [Pick, Pull, Snap](#) by Lola Schaefer
- [Yummy! Good Food Makes Me Strong](#) by Shelly Rotner