STORY TIME DESCRIPTION
Wintertime brings many seasonal changes. You can feel the chill in the air, trees are bare, and food becomes harder to find for most animals. Grab a coat, put on a hat and some gloves so we can join a brother and sister as they explore nature while taking a winter walk through their community in our story today *Goodbye Autumn, Hello Winter* by Kenard Pak. It’s time to say goodbye to autumn because winter is here!

HANDS-ON ACTIVITIES
- **Outdoor Winter Activities:** Project Learning Tree has a list of [10 outdoor winter activities for preschoolers](https://www.projectlearningtree.org) for young children that are in need of some fresh air, time outdoors, and nature!
- **Outdoor Winter Activities for Kids:** Visit [www.runwildmychild.com](http://www.runwildmychild.com) for a list of [100 + outdoor winter activities for kids](http://www.runwildmychild.com).
- **Animals in Winter Activities:** Visit Kids Soup website to browse activities, lessons, and printables from their *Animals in Winter* theme.
- **Pine Cone Science:** Try this [experiment](https://www.kidsoup.com) to find out why pine cones open and close. This is a great winter STEM lesson.

OTHER HELPFUL RESOURCES
- **Virginia Agriculture:** *Preschool Nature Explorers* is developed by Virginia Agriculture in the Classroom. This document is a collection of nature-based lessons and activities that helps young children explore the natural world.
- **Winter Birds:** Use this article provided by Bird Watcher's Digest called *“Figuring Out Finches at Your Feeder this Winter”* while you're bird watching this winter.
- **A Natural Remedy:** This article called *“A Natural Remedy”* explains the importance of children spending time outdoors in nature.
- **Winter Adaptations:** Watch this video called [Winter Adaptations](https://www.youtube.com) presented by Cornell University Naturalist Outreach that explain how some animals adapt to survive cold winter weather.
RELATED CHILDREN’S BOOKS

- *Winter is Coming* by Tony Johnston
- *Winter Dance* by Marion Dane Bauer
- *Animals in Winter* by Henrietta Bancroft
- *All About Animals in Winter (Celebrate Winter)* by Martha Elizabeth Hillman Rustad
- *The First Day of Winter* by Denise Fleming
- *Winter is Here* by Kevin Henkes
- *The Shortest Day: Celebrating Winter Solstice* by Wendy Pfeffer
- *What Can You See in Winter?* by Sian Smith
- *Ten Ways to Hear Snow* by Cathy Camper
- *Not a Buzz to Be Found (Insects in Winter)* by Linda Glaser
- *Over and Under the Snow* by Kate Messner
- *Winter Sleep: A Hibernation Story* by Sean Taylor