

# STORY TIME RESOURCES

## THE COLORS OF US

### STORY TIME DESCRIPTION

Our story today is [The Colors of Us](#) by Karen Katz. This book celebrates the many shades of the skin we're in like cinnamon, chocolate, peach, tan, and so many more. Let's take a neighborhood walk with Lena and her mother to explore the countless shades of brown. This is the perfect book to commemorate the words of Dr. Martin Luther King Jr. "I have a dream that one day little black boys and girls will be holding hands with little white boys and girls." Happy birthday Dr. Martin Luther King Jr.!

### HANDS-ON ACTIVITIES

- **Diversity:** You will find a collection of ideas and activities in this unit called [Diversity: Differences Makes Us Unique](#).
- **Diversity in the Classroom:** [PBS VPM](#) provides a list of activities that promote racial and cultural awareness in the classroom.
- **Using Eggs to Teach Diversity:** This [egg activity](#) introduces young children to the concept of diversity and does a great job explaining that people are different shades.
- **Cultural Diversity:** School Discount Supplies has provided some [free creative activities](#) that promote cultural diversity.
- **Music & Movement:** Play some multicultural music. [Putumayo Kids](#) provides international music that introduces children to other cultures.

### OTHER HELPFUL RESOURCES

- **The Story of Martin Luther King Jr.:** Watch this [video](#) presented by Kid President as he tells the story of Dr. Martin Luther King Jr.
- **Sesame Street:** Watch this [video](#) with Elmo and Lupita Nyong'o called "Lupita Nyong'o Loves Her Skin".
- **Teaching Young Children about Race:** Teaching for a Change published an article called [Teaching Young Children about Race: A Guide for Parents and Teachers](#).
- **Tips for Teaching and Talking to Kids about Race:** Read and/or download the [10 Tips for Teaching and Talking to Kids about Race](#).
- **Multicultural Materials:** Here's a list of suggested [multicultural materials](#) for children that promotes diversity through play from Montessori from the Heart and [amazon](#).

## GUIDING QUESTIONS FOR A COMMUNITY WALK

- What do you see?
- What do you hear?
- What do you feel?
- What do you smell?
- How many different colors can you find?
- How are you different from other people we see?

## RELATED CHILDREN'S BOOKS

- [\*Skin Like Mine\*](#) by LaTishia M. Perry
- [\*Shades of People\*](#) by Shelly Rotner
- [\*All Kinds of People\*](#) by Shelly Rotner
- [\*The Skin You Live In\*](#) by Michael Tyler
- [\*Happy in Our Skin\*](#) by Fran Manushkin
- [\*All the Colors of the Earth\*](#) by Shelia Hamannaka
- [\*Honeysmoke: A Story of Finding Your Color\*](#) by Monique Fields
- [\*Black is a Rainbow Color\*](#) by Angela Joy
- [\*Separate is Never Equal: Sylvia Mendez and Family's Fight for Desegregation\*](#) by Duncan Tonatiuh
- [\*Let the Children March\*](#) by Monica Clark-Brown
- [\*I Have a Dream\*](#) by Kadir Nelson
- [\*Martin's Big Words: The Life of Dr. Martin Luther King, Jr.\*](#) by Doreen Rappaport
- **Other Children's Books About Dr. Martin Luther King Jr.:** Here's a list of [22 children's books about Dr. Martin Luther King Jr.](http://www.coloursofus.com) provided by [www.coloursofus.com](http://www.coloursofus.com)