





EXPLORE

Explore the raised beds in the Kroger Community Kitchen Garden behind the Conservatory. You will find a variety of vegetables. They are donated to Feed More, a nonprofit organization in Central Virginia.



M&TBank RESTORE: THE HEALING POWER OF NATURE

LOOK, LISTEN, BREATHE

Plants germinate, adapt, and grow in fascinating ways. Their lifecycles are related to ours. Think about the connections as you meander the Garden. Go where your feet lead you or use the map at lewisginter.org as a guide.



PLANT QUEST



HERBS

Herbs heal, invigorate, and calm us. Their scents are adaptations designed to attract pollinators and deter pests. You can find many herbs in the Central Garden. Look in the bed with the mortar and pestle statue. In this bed, you will find rosemary, thyme, and lavender. Which one do you like best?



NATIVE PLANTS

For thousands of years, native plants have been forming relationships with organisms in their ecosystems. We can support native insects and animals by planting native plants. Many native plants can be found in the beds around Sydnor Lake that border the Children's Garden.

FLOWERS

Flowers grow in many ways. They form funnels, rosettes, bells, and pompoms. Each one accommodates specific pollinators. A hummingbird beak fits perfectly into a monarda blossom. How many flower shapes can you find? A good place to look is along the Main Garden Path.



BIODIVERSITY

Without biodiversity in an ecosystem, food webs break down. Every species has a unique role to play. Look for places in the Garden where you see different kinds of plants growing together. Now, look to see how many different species of insects and birds you see.





FRUIT

Flowers turn into fruit. Fruits are seed-bearing structures that come in a countless variety of shapes and sizes. Holly berries, acorns, rose hips, tomatoes, and bean pods are all different fruit forms. What fruit can you find around the Children's Garden?



POLLINATORS

Bees, butterflies, moths, beetles, and birds are pollinators. Without them, many plants could not reproduce. Pollinators are everywhere, but you are sure to see them at the apiary behind the Conservatory. Look for honey bees carrying pollen on their legs and bodies.